



Hip dysfunction and Osteoarthritis Outcome Score for Joint Replacement (HOOS, JR.)

English version 1.0

Instructions

This survey asks for your view about your hip. This information will help us keep track of how you feel about your hip and how well you are able to do your usual activities.

Answer every question by ticking the appropriate box, only one box for each question. If you are unsure about how to answer a question, please give the best answer you can.

Pain

What amount of hip pain have you experienced the **last week** during the following activities?

1. Going up or down stairs

None Mild Moderate Severe Extreme

2. Walking on an uneven surface

None Mild Moderate Severe Extreme

Function, daily living

The following questions concern your physical function. By this we mean your ability to move around and to look after yourself. For each of the following activities please indicate the degree of difficulty you have experienced in the **last week** due to your hip.

3. Rising from sitting

None Mild Moderate Severe Extreme

4. Bending to floor/pick up an object

None Mild Moderate Severe Extreme

5. Lying in bed (turning over, maintaining hip position)

None Mild Moderate Severe Extreme

6. Sitting

None Mild Moderate Severe Extreme

UCLA Activity Score

Hip ID:

Study Hip: Left Right

Examination Date (MM/DD/YY): / /

Subject Initials: | | | |

Medical Record Number:

Interval: _____

Check one box that best describes current activity level.

- 1: Wholly Inactive, dependent on others, and can not leave residence
- 2: Mostly Inactive or restricted to minimum activities of daily living
- 3: Sometimes participates in mild activities, such as walking, limited housework and limited shopping
- 4: Regularly Participates in mild activities
- 5: Sometimes participates in moderate activities such as swimming or could do unlimited housework or shopping
- 6: Regularly participates in moderate activities
- 7: Regularly participates in active events such as bicycling
- 8: Regularly participates in active events, such as golf or bowling
- 9: Sometimes participates in impact sports such as jogging, tennis, skiing, acrobatics, ballet, heavy labor or backpacking
- 10: Regularly participates in impact sports